



AfricaCDC

Centres for Disease Control
and Prevention

Safeguarding Africa's Health

**You can avoid the need
for antimicrobials if you
practice good hygiene
such as regular
handwashing with soap
and water and proper
environmental sanitation
to prevent or reduce the
spread of infections**

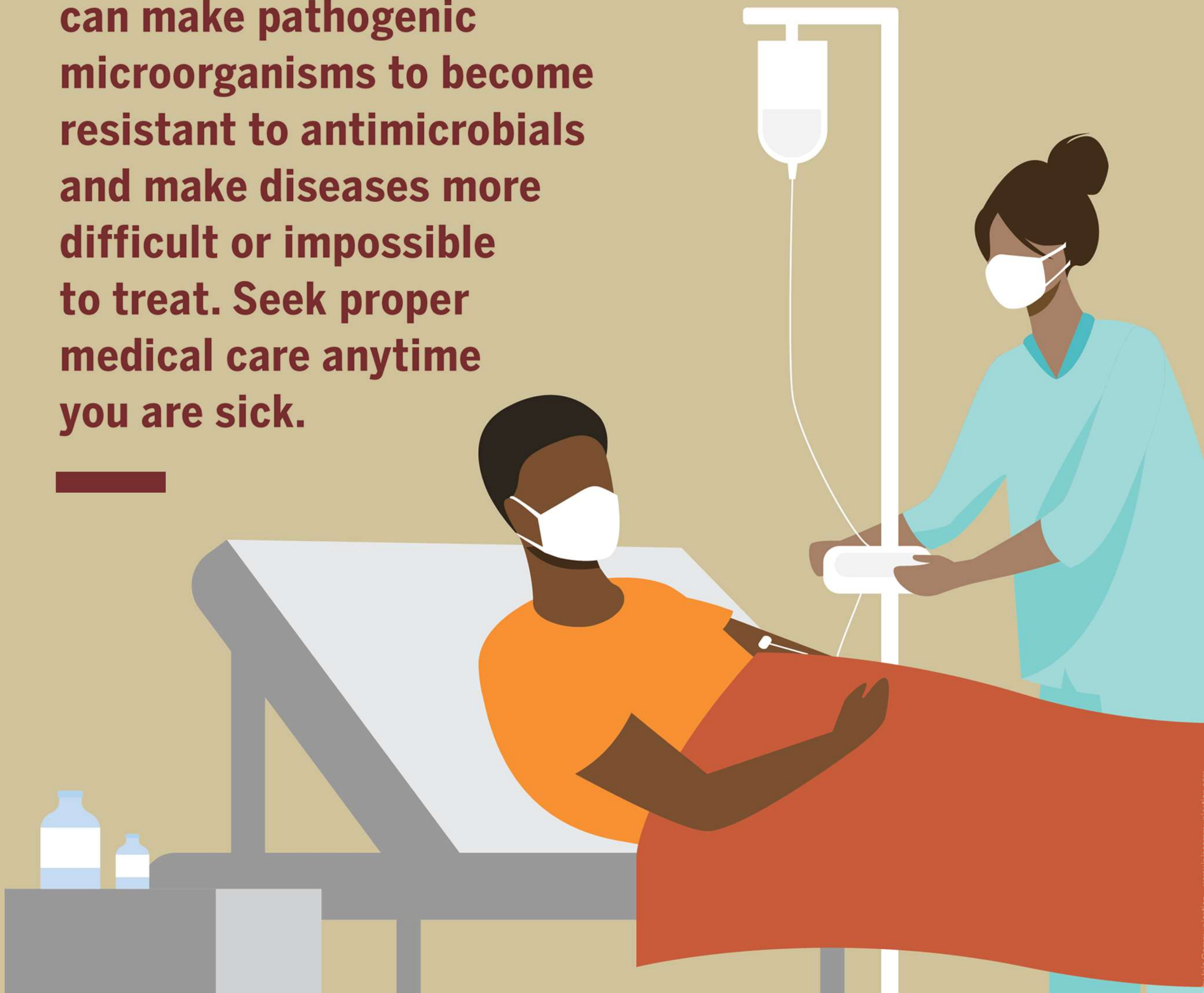
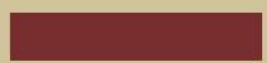




AfricaCDC
Centres for Disease Control
and Prevention

Safeguarding Africa's Health

Abuse or misuse of antimicrobials can make pathogenic microorganisms to become resistant to antimicrobials and make diseases more difficult or impossible to treat. Seek proper medical care anytime you are sick.





AfricaCDC
Centres for Disease Control
and Prevention

Safeguarding Africa's Health



Antimicrobial resistance presents a threat to health security, food safety, economic growth, and the society in Africa, but we can prevent the dangers by choosing to use antimicrobials responsibly and with care



AfricaCDC
Centres for Disease Control
and Prevention

Safeguarding Africa's Health

ANTIMICROBIALS

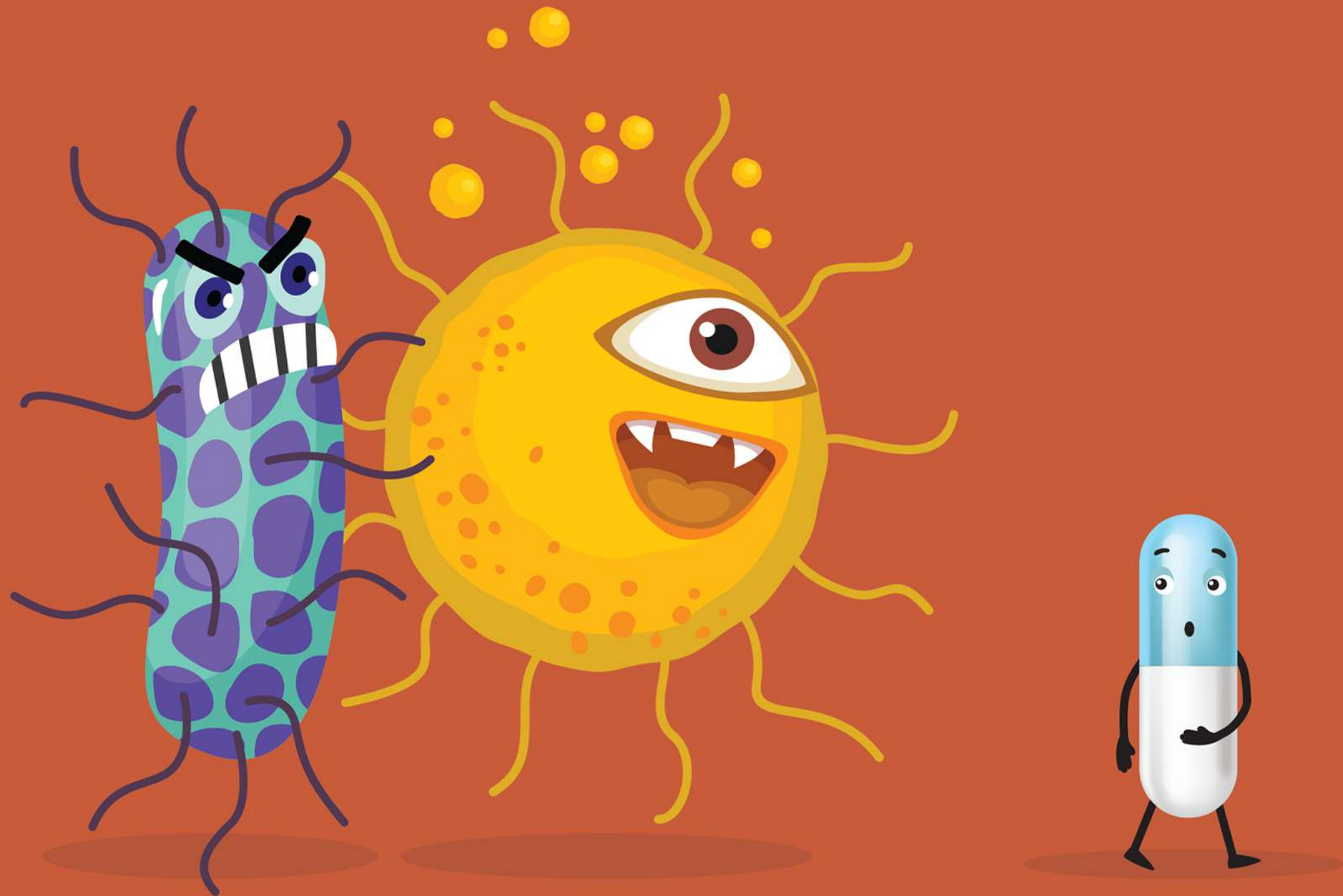
such as antibiotics, antivirals, antiparasitics, and antifungals are important for infectious disease control in humans, animals and plants, but they can only continue to be effective if we use them responsibly and according to professional advice





AfricaCDC
Centres for Disease Control
and Prevention

Safeguarding Africa's Health



Antimicrobial resistance (AMR) is the ability of a microorganism to evolve; reducing or eliminating the effectiveness of antimicrobials against microbial infections in humans, plants and animals



AfricaCDC
Centres for Disease Control
and Prevention

Safeguarding Africa's Health

Using antimicrobials without prescription can cause antimicrobial resistance, always seek the advice of a health care professional before using antimicrobials against any infection





AfricaCDC
Centres for Disease Control
and Prevention

Safeguarding Africa's Health



**There is no antibiotic
treatment for viral infections
like cold or flu, seek medical
advice only from a health care
professional anytime you are
sick or have an infection**



AfricaCDC

Centres for Disease Control
and Prevention

Safeguarding Africa's Health

**To prevent antimicrobial
resistance, always
complete your dosage
of antimicrobials as
prescribed by your
health care professional,
and do not share
leftover antimicrobials
with another person**





AfricaCDC

Centres for Disease Control
and Prevention

Safeguarding Africa's Health

**Responsible use of
antimicrobials can save lives,
make a pledge to become
an antibiotic guardian today**

<https://antibioticguardian.com/africa>



**BECOME AN
ANTIBIOTIC GUARDIAN**

Keep Antibiotics Working

